# **Plainview-Old Bethpage Central School District**

# **Digital Citizenship Resources for Parents**

The links to online resources below are intended to assist parents in addressing, with their children, how to use the Internet safely and responsibly. Included are videos, discussion starters, tips and articles. Please preview all material before sharing with your children.

#### All ages

Resources for parents including videos, tips and discussion starters for online safety: <a href="http://www.netsmartz.org/Parents">http://www.netsmartz.org/Parents</a>

Created by the Department of Homeland Security to provide information and tips about protecting kids online:

http://www.onguardonline.gov/features/feature-0002-featured-info-parents

Graphic with media usage tips for families:

https://www.commonsensemedia.org/pediatricians

Learn how to use technology in positive ways with your children, including learning with technology:

https://www.commonsensemedia.org/learning-with-technology

Keep up with your online kids with tips from Cyberwise:

http://www.cvberwise.org/#!parents/cfpr

PBS Parents - Children and Media:

http://www.pbs.org/parents/childrenandmedia/

Help keep your children safe with Google's iKeepSafe resources:

http://ikeepsafe.org/parents/

### **Elementary**

How to talk to your children about online safety:

http://www.onguardonline.gov/articles/0006a-young-kids

Guidance for parents of young children with issues of technology:

https://www.commonsensemedia.org/early-childhood

Video with screen time tips for parents:

https://www.commonsensemedia.org/screen-time

Family Media Agreement K-5

https://www.commonsensemedia.org/sites/default/files/uploads/pdfs/fma\_all\_0.pdf

### **Middle School**

How to talk to your tweens about online safety:

http://www.onguardonline.gov/articles/0006b-tweens

FAQ on identifying and addressing cyberbullying with your children:

https://www.commonsensemedia.org/cyberbullying/age/tweens

Guide for managing media for your tweens and teens:

https://www.commonsensemedia.org/blog/the-new-guide-to-managing-media-for-tweens-and-teens

A Parent's guide to smart phones:

http://www.connectsafely.org/wp-content/uploads/mobile\_english.pdf

Generation Smartphone: A Guide for Parents of Tweens & Teens:

https://www.mylookout.com/resources/reports/smartphone-family-guide

#### **High School**

How to talk to your teens about online safety:

http://www.onguardonline.gov/articles/0006c-teens

FAQ on navigating social media safely with your teens:

https://www.commonsensemedia.org/social-media/age/teens

Guide for managing media for your tweens and teens:

https://www.commonsensemedia.org/blog/the-new-guide-to-managing-media-for-tweens-and-teens

A Parent's Guide to Instagram:

http://www.connectsafely.org/a-parents-guide-to-instagram/

A Parent's Guide to SnapChat

http://www.connectsafely.org/a-parents-quide-to-snapchat/

Generation Smartphone: A Guide for Parents of Tweens & Teens:

https://www.mylookout.com/resources/reports/smartphone-family-quide